

# SPARE CHANGE FOR COMMUNITY CHANGE



Most of us want to give back to our community and help others—but we don't know how much we can afford. By making just a few small changes in our spending habits, we can each make a much bigger impact than we may realize. Take a look!

## If you...

## you could save...

skipped your Starbucks Grande Latte just **once a week** for a year

**\$182** to improve people's lives.

took the train **one day a week** for a year, rather than paying for parking in Chicago

**\$572** to improve people's lives.

took the train **every workday** for a year, rather than paying for parking in Chicago

**\$2,860** to improve people's lives.

brought your lunch just **one day a week** for a year, rather than going out

**\$486** to improve people's lives.

brought your lunch **every workday** for a year, rather than going out

**\$2,431** to improve people's lives.

refilled your water bottle rather than buying a new bottle **every day** for a year

**\$365** to improve people's lives.

carpooled with 3 other people **every workday** for a year, rather than driving your own car

**\$885** to improve people's lives.

rented two movies **a month** for a year, rather than going to the cinema

**\$113** to improve people's lives.

gave yourself **a weekly** manicure/pedicure, rather than going to the salon

**\$2,080** to improve people's lives.

skipped your Dunkin Donuts coffee & donut combo **once a week** for a year

**\$131** to improve people's lives.

## YOU REALLY CAN MAKE A BIG DIFFERENCE!

### Estimates based on the following pricing:

- \* Starbucks Grande Latte: \$3.50
- \* Daily parking in Chicago: \$15
- \* Round-trip on CTA: \$4
- \* Lunch out: \$12
- \* Brown bag lunch (sandwich, chips and drink): \$2.65
- \* Bottled water: \$1
- \* Cost of gas average in Chicago (as of 8/29): \$3.29/gallon

- \* Average commute mileage: 29 miles/day (average car getting 21 miles per gallon)
- \* Annual cost of gas used for commute to work: \$1,180.40/year (\$4.54/day)
- \* Annual cost to carpool (expense shared by 4 people): \$295.10/year
- \* Cinema movie ticket: \$9.50
- \* Blockbuster rental: \$4.76
- \* Manicure/pedicure package: \$40
- \* Medium Dunkin Donuts coffee & donut: \$2.52

